BE KIND!

IDEAS/TIPS!

- Invite someone to sit with you at lunch!
- Ask someone to play with you at recess!
- Invite someone to your conversations!
- Invite someone over to your house to play!
- Give someone a compliment!
- Ask someone how they are!
- Help someone who looks like they need help!

WHAT CAN YOU DO?

How can you be kind to someone today?

How can you make someone smile today?

How does it make you feel when others are kind to you?

REFFLECT!

How have others been kind to you?

"In a world where you can be anything, be kind."